

## Kidney Wales Ambassador Role Profile

### **What will I be doing?**

Speaking on behalf of Kidney Wales to new audiences in your community about the impact of living with chronic kidney disease and the importance of kidney health.

Asking for and inspiring support to our mission of uniting the kidney community.

Activities could include:

- 1) Delivering virtual talks on behalf of Kidney Wales to various community groups / organisations.
- 2) Attending cheque presentations to accept donations on behalf of Kidney Wales locally (COVID restrictions permitting).
- 3) Proactively generating awareness raising opportunities in your area.

### **How will this help Kidney Wales?**

The vision of Kidney Wales is to unite the Welsh kidney community to enable pioneering world class care, support and well-being services. One of our mission statements to achieve our vision is to educate and raise awareness of chronic kidney disease across Wales.

### **How will this benefit me?**

Chance to learn about Kidney Wales, and our work

Opportunity to meet new people from across Wales who have lived experience of chronic kidney disease

Build confidence and develop, or utilise existing, digital skills and public speaking skills

Bust myths and educate your local community about living with chronic kidney disease and help Kidney Wales to deliver its mission

Directly impact on fundraising to benefit the Welsh Kidney community

### **When and where do you need me?**

This role can be undertaken flexibly to fit around your personal commitments to managing your health condition(s), family, work, education, training, volunteering and other commitments We ask that you aim to complete 4 talks per year virtually to people or organisations in your local area.

### What training and support will I receive?

One half day public speaking workshop led by the Kidney Wales team and a freelance trainer  
 Digital and hard copy information, presentation and publicity materials to help you carry out your role effectively

Support with delivering a virtual talk via video conferencing

Regular one-to-one support and supervision with Kidney Wales' Volunteering Officer, to meet your needs and requirements

Opportunity to 'buddy up' with a fellow volunteer to build your skills and confidence to deliver talks

Opportunity to network with fellow volunteers and undertake structured learning and development

Reimbursement of reasonable travel expenses

### What are my goals?

Learn new / develop digital and public speaking skills and build confidence

Deliver 4 talks per year

Raise awareness of kidney disease and Kidney Wales within your local area

### What skills and attributes do I need?

Essential	Desirable
<ul style="list-style-type: none"> <li>Lived with chronic kidney disease or have a personal connection to the disease</li> <li>Over 16 years old (if you are aged between 16-18 you must be accompanied by an adult)</li> <li>Open, honest and approachable</li> <li>Good communication skills</li> <li>Professional manner, punctual and organised</li> <li>Access to a personal computer/digital device to deliver talks online</li> <li>Basic IT skills</li> </ul>	<ul style="list-style-type: none"> <li>Previous experience of public speaking, or willing to give it a go!</li> <li>Ability to speak Welsh</li> </ul>

### Sounds great! How do I get involved?

Once we receive your application form, we'll get back to you as soon as possible and send you the most recent Calendar of Events. The application form can be found here: [www.kidneywales.cymru](http://www.kidneywales.cymru)

